



# INCOSE Chesapeake Chapter

## International Council on Systems Engineering

*Cordially invites you to our  
Monthly Dinner and Lecture*

### Introduction to Soft Skills Leadership and Professional Derailment: Lessons for Staying on the Track

**Teresa P. J. Armstrong, PCC, Co-Active Coach, Evidence Based Coaching,  
Leadership, Development and Transition**

**Wednesday, 19 April 2017**

**6:00 pm–8:00 pm**

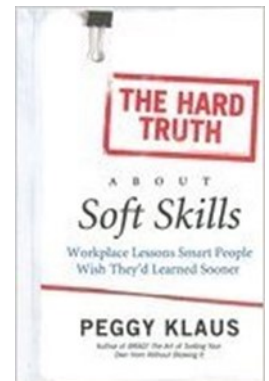


**Presentation:** The challenges and complexity we face in our professional lives and our organizations can be compounded by the lack of self-awareness and the reality that “soft skills” matter. A “derailer” is a weakness that requires improvement if we are to realize our potential. The presenter will explore four categories of “derailers” that leaders and professionals risk in their career journey. Walk away with an action plan on how you will integrate “soft skills” into your professional career tool kit. This action plan can be further developed and fine-tuned by attending the follow-on Workshop.

**Speaker:** Teresa P. J. Armstrong, has 20 years of leadership development



experience and as a Credentialed International Coach Federation Professional Certified Coach. She has extensive knowledge around leadership effectiveness, talent development, team building, and focuses on mid-career to senior professionals. Teresa facilitates strategic sessions to focus on mission/vision, leadership, and role clarity. She has successfully facilitated/coached numerous individuals and teams and conducts leader transition sessions to accelerate leader readiness and team congruence. Teresa has presented at various organizations including the Women of Color (WOC) Conference, Black Engineer of the Year Award (BEYA) and National Society of Black Engineers (NSBE). Her current and past consulting/coaching clients include AHC Inc., Maryland Paving, Northrop Grumman Corporation, Marriott International, and the USO.



[Door Prize](#)

**Networking and Dinner at 6pm and FREE Lecture at 7pm (Earn 2 PDUs)**

*Lecture streamed live via the web at [incose-cc.org/](http://incose-cc.org/)*

**Menu:** Sesame-ginger stir fried chicken, jasmine rice, stir fried Asian vegetables with garden salad and dressing, rolls and butter, dessert, coffee and iced tea. *Special Dietary menu available for Vegan, Vegetarian, and Gluten Free.*

**Dinner Cost:** Guests: **\$25**; INCOSE Members: **\$20** if payment is received by April 16, 2017, add \$5 after this date. Students Free. To pay by credit card or PayPal, visit our registration webpage for details: [incose-cc.org/registration/](http://incose-cc.org/registration/)

Search “INCOSE Chesapeake” on YouTube for all Monthly Lectures

### Location:

**Johns Hopkins University  
Applied Physics Laboratory**  
Main Entrance - Building 1  
11100 Johns Hopkins Road  
Laurel, MD 20723

**Corporate Sponsor:** We wish to thank Johns Hopkins University Applied Physics Laboratory (JHU/APL) for supporting the systems engineering profession through use of their facilities.

# Directions

## JHU APL

Main Entrance - Building 1  
11100 Johns Hopkins Road  
Laurel, Maryland 20723  
Phone (443) 778-5000

**See APL's Visitor Guide for more information:**  
[jhuapl.edu/aboutapl/visitor/](http://jhuapl.edu/aboutapl/visitor/)

### **From Washington DC—Capital Beltway (I495):**

Take I-95 North toward Baltimore 10 miles to the Columbia exit (MD Route 32 West),  
Go 2.5 miles to the Washington DC exit (US Route 29 South).  
Go 1.5 miles south and take the Johns Hopkins Road exit (bear right at the top of the hill).

### **Or from the Capital Beltway (I-495):**

Take US Route 29 North (Colesville Road) 10 miles and follow the signs for the turn onto Johns Hopkins Road.

### **From Baltimore — Baltimore Beltway (I-695):**

Take I-95 South toward Washington DC.  
Go 13 miles and take the Columbia exit (MD Route 32 West).  
Go 2.5 miles and take the Washington DC exit (US Route 29 South).  
Go 1.5 miles south and take the Johns Hopkins Road exit (bear right at the top of the hill).

### **Once you're on Johns Hopkins Road:**

APL is a half-mile west of US Route 29 on your right side. Go past the first entrance, continuing past the pond, and take the next right turn onto a tree-lined lane. Park in the visitor's lot on your left side. Enter at the main entrance marked Building 1 (flagpoles and traffic circle in front).

