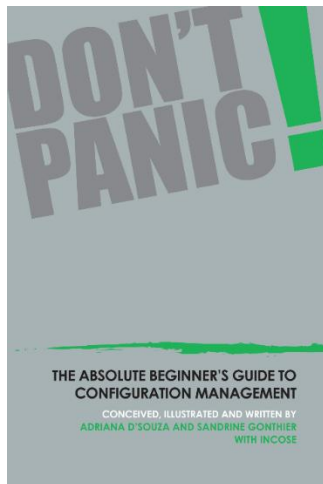


## PRESS RELEASE

### The Institute for Systems Engineering launches new Don't Panic! Guide: *Don't Panic! The Absolute Beginner's Guide to Configuration Management*

[For immediate release]



The Institute for Systems Engineering (IfSE) is pleased to announce the tenth addition to the '*Don't Panic!*' series; *Don't Panic! The Absolute Beginner's Guide to Configuration Management* by Adriana D'Souza and Sandrine Gonthier is now available on the IfSE online store.

This guide aims to describe in a simple and straightforward way the purpose and the key objectives that make up the very essence of Configuration Management. It provides keys to address Configuration Management calmly, dispelling the perception of its complexity and unattractiveness and sharing its added value.

*"I'm genuinely excited to see this book come to life. I'm truly grateful to everyone who made it possible. I hope our readers enjoy it as much as we enjoyed co-creating it."* - **Sandrine Gonthier, Chair of INCOSE Configuration Management Working Group.**

*"I am really excited about the publication of the Don't Panic! Guide on Configuration Management with Sandrine and INCOSE. As Configuration Management is not taught in schools, I hope this is a good introduction into the topic or a refresher for anyone who wants to upskill on this topic"* - **Adriana D'Souza, Co-Chair of INCOSE Configuration Management Working Group.**

**Outgoing Technical Director of IfSE**, Professor Jon Holt adds, *"The application of configuration is an essential part of any Systems Engineering endeavour, that impacts every aspect of any systems development. The addition of this book serves to further broaden the scope of knowledge covered by this series."*

[ November 2025]

----- End of Press Release -----

#### **Media Contact**

**IfSE Website:** [www.ifse.org.uk](http://www.ifse.org.uk)

**IfSE Communications:** +44 (0)1460 298217, [communications@ifse.org.uk](mailto:communications@ifse.org.uk)

**Media Contact:** Emma Jane Taylor, Head of Secretariat, [emmajane@ifse.org.uk](mailto:emmajane@ifse.org.uk)

## PRESS RELEASE

### Notes to Editor

#### Social Media Post



The 10<sup>th</sup> instalment of the Don't Panic! Series:  
Don't Panic! The Absolute Beginner's Guide to  
Configuration Management is now available on the  
IfSE Online Store:

[https://ifse.org.uk/Program\\_Files/Store/Default](https://ifse.org.uk/Program_Files/Store/Default)

#IfSE #SystemsEngineering #Publication

### About The Institute for Systems Engineering (IfSE)



The Institute for Systems Engineering (IfSE), the home of Systems Engineering in the United Kingdom, is a Professional Engineering Institute licensed by the Engineering Council.

If you are looking for insights on how to practise Systems Engineering, then IfSE is the institute for you.

The 'flavour' of Systems Engineering most prevalent in the UK has developed into an open and inclusive practice that facilitates the application of Systems Thinking and Systems Engineering principles in domains outside of the traditional domains of defence and aerospace.

In recent years, the membership of IfSE has widened significantly from its roots, expanding to include domains such as automotive, rail, energy, civil engineering, space, medicine, and security. IfSE attracts members from all around the globe. For more information, please visit [www.ifse.org.uk](http://www.ifse.org.uk)

## PRESS RELEASE

IfSE runs the UK's Annual Systems Engineering Conference (ASEC), a flagship event that brings together professionals and practitioners from an array of backgrounds, with the common interest of building upon their Systems Engineering knowledge, networking and sharing ideas with their peers.

In addition to this, IfSE has a growing collection of publications, including the 'Don't Panic' range, beginner's guides to the different aspects of Systems Engineering, as well as the Advanced Applications books, Academic Journals, Educational and STEM books.

IfSE was formerly known as INCOSE UK and acts as the UK Chapter of the International Council on Systems Engineering (INCOSE), a not-for-profit membership organisation founded to develop and disseminate the interdisciplinary principles and practices that enable the realisation of successful systems.

### About the Authors

**Adriana D'Souza** (CSEP) is a Configuration Management Process Architect for Aerospace and Defence industry, having previously worked as a Systems Architect and as a Design and Development Engineer on challenging and complex projects like large border security projects and air traffic management projects both at the subsystem, system and system of systems level. She was awarded an Honours M.Sc. in Computational Science and Engineering from the Technical University of Munich (Germany) and a B.Sc. in Mathematics and Computer Science from the Ovidius University of Constanta (Romania). Adriana is also a Certified Systems Engineering Professional (CSEP) with INCOSE.

**Sandrine Gonthier** is a Configuration Management expert for Aerospace and Defense industry. She provides expertise support to multiple business areas in a multinational aerospace environment. She worked for 15 years in Engineering Design and Research in electronic and digital signal processing for the Space sector. Then she worked as System Configuration Manager for Systems of Systems, on space international projects, before focusing on process and methods for Configuration Management and Customer Services. She received her Engineering diploma in Electrical Engineering (Génie Electrique) as well as a degree in Acoustic (DEA) from Institute of Applied Technologies Lyon in 1989. She is certified Configuration Management Professional by the Institute for Process Excellence.

### Don't Panic! Guides

## PRESS RELEASE

The Don't Panic! Guides have been developed as a result of a growing number of people asking for more of our thorough, short, and easily-digestible guides and are a maximum of 55 pages in length. There is now a total of 10 guides available to purchase on the Institute for Systems Engineering Online Store some of which have been translated into other languages. See the full list of Don't Panic! Guides below:

### Available in hardback and eBook

Don't Panic! The Absolute Beginner's Guide to Agile in Systems Engineering  
Don't Panic! The Absolute Beginner's Guide to Architecture and Architecting  
Don't Panic! The Absolute Beginner's Guide to Architecture Frameworks  
Don't Panic! The Absolute Beginner's Guide to MBSE  
Don't Panic! The Absolute Beginner's Guide to Configuration Management  
Don't Panic! The Absolute Beginner's Guide to Integration and Test  
Don't Panic! The Absolute Beginner's Guide to Managing Interfaces  
Don't Panic! The Absolute Beginner's Guide to Service and Service Systems  
Don't Panic! The Absolute Beginner's Guide to SysML v2  
Don't Panic! The Absolute Beginner's Guide to Systems Thinking

### Japanese Translation (eBook only)

Don't Panic! The Absolute Beginner's Guide to MBSE  
Don't Panic! The Absolute Beginner's Guide to SysML v2

### German Translation (eBook only)

Don't Panic! The Absolute Beginner's Guide to SysML v2

Purchase Don't Panic! Guides on the Institute for Systems Engineering Online Store here:

[https://ifse.org.uk/Program\\_Files/Store/Default](https://ifse.org.uk/Program_Files/Store/Default)

## About the International Council on Systems Engineering (INCOSE)



International Council on Systems Engineering

The International Council on Systems Engineering (INCOSE) is a not-for-profit membership organisation founded to develop and disseminate the transdisciplinary principles and practices that enable the realisation of successful systems. INCOSE is designed to connect Systems Engineering professionals with educational, networking, and career-advancement opportunities in the interest of developing the global community of systems engineers and

## PRESS RELEASE

systems approaches to problems. We are also focused on producing state-of-the-art work products that support and enhance this discipline's visibility in the world.